

Dear 7th Grade Parent/Guardian:

As part of our middle school Science instruction, The Poway Unified School District provides a multi week unit of study for all 7th grade students on human growth, development and reproduction. All lessons that make up this unit are aligned to the revised requirements in the California Healthy Youth Act and California content standards for both 7th grade Science and Health.

This unit of study is guided by state law (revised in 2016), includes providing pupils with lessons to:

- Understand abstinence is the only 100% effective protection from pregnancy and sexually transmitted diseases.
- Prepare pupils to establish and maintain committed relationships.
- Promote healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.
- Develop an understanding that sexuality is a normal part of human development.
- Ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health, pregnancy prevention, and HIV prevention instruction.
- Provide the knowledge and skills to promote healthy behaviors, including understanding of refusal skills, avoiding and responding to sexual harassment and avoiding high risk behaviors.

The instructional materials used for this unit of study are new as of 2017 and will be available at your child's school for your review (see lesson topics below). If you have any questions regarding content please

- Review Chapter 18 in the Life Science textbook at home
- Review Positive Prevention Plus Binder in front office
- Email science teacher with specific questions, after you have reviewed the material

If you do not want your student to participate in this unit, please complete the "Opt-Out Notification" section below and an alternative assignment will be provided to your student without penalty.

The topics in this unit are ones that our students face or will face in their lifetimes, and we have taken great care in selecting materials and instruction that are age appropriate and will help prepare them.

Sincerely,



Kelly Burke, Ed.D.
Principal

OPT-OUT NOTIFICATION

7th Grade Human Growth, Development and Reproduction

Student Name _____ (please print)

Parent Name _____ (please print)

_____ Please exclude my student from this unit of study. I understand my child will be expected to complete other assigned work during this time.

Parent Signature _____ Date _____

Positive Prevention Plus

Lesson Topics for Middle School

GETTING STARTED	LESSON 7 THE HIV/AIDS EPIDEMIC
LESSON 1 SEXUAL DEVELOPMENT	LESSON 8 PREVENTING SEXUALLY TRANSMITTED DISEASES
LESSON 2 EXPLORING FRIENDSHIPS	LESSON 9 RECOGNIZING AND REDUCING RISK
LESSON 3 BULLYING and RELATIONAL ABUSE	LESSON 10 PEER and MEDIA PRESSURE
LESSON 4 PREVENTING AN UNPLANNED PREGNANCY	LESSON 11 HIV/STD TESTING and COMMUNITY RESOURCES
LESSON 5 TEEN PREGNANCY: CHOICES and RESPONSIBILITIES	LESSON 12 GOAL-SETTING
LESSON 6 MYTHS and STEREOTYPES ABOUT HIV INFECTION	