

## RESOURCES ON THE INTERNET

The descriptions of each website comes primarily from direct quotes from that site.

- <http://www.bereavement.com/>

We are a worldwide compendium where written greetings and tributes can be shared in the 'Quaker Style' at your leisure. Also available is a free open forum where feelings can be shared. Listings of memorialized loved ones that can include photos are displayed at this site.

- <http://www.beyondindigo.com/>

Find support, community and help in this resources area. It is designed to help you get through the hard times, meet others going through the same experiences, and find information and answers to your questions.

- <http://www.beyondindigo.com/beyondtalk/beyondtalk.php>

Many people are suffering losses in their life and the grief runs deep. If you have suffered the loss of a child, parent, sibling, friend, pet, or lover, this area is for you. You can share your thoughts and feelings with others. You can get information of how to cope or you can just find someone to listen.

- <http://www.centerforloss.com/>

"Though grief is a natural and necessary process, it's also an extraordinarily difficult one. We're here to help mourners and those who care for them." Alan D. Wolfelt, Ph.D., Director. Excellent articles on grief on this website.

- <http://www.fortnet.org/WidowNet/>

An information and self-help resource for, and by, widows and widowers.

- <http://www.griefaid.com/>

The purpose of this site is to help all those in need of comfort, peace, tranquility and love during a time of grief, sorrow or pain.

- <http://www.groww.com/>

Grief Recovery ONLINE for ALL Bereaved. A collection of chat rooms and message boards.

- <http://www.growthhouse.org/death.html>

This award-winning web site is your international gateway to resources for life-threatening illness and end of life care. Our primary mission is to improve the quality of compassionate care for people who are dying through public education and global professional collaboration. A giant website with many resources and links for the bereaved.

- [http://www.hospicenet.org/html/grief\\_guide.html](http://www.hospicenet.org/html/grief_guide.html)

This is an article on grief as well as an entry to a number of well-written related cyber pamphlets.

- <http://www.journeyofhearts.org/jofh>

This website is the creation of a physician with contributions from many colleagues, friends, and website visitors. It is the combined effort of those who have experienced many different types of losses. This website is designed to be a place for resources and support to help those in the grief process following a loss or a significant life change.

- <http://www.rivendell.org>

GriefNet is an Internet community of persons dealing with grief, death, and major loss. We have 37 email support groups and two websites. Our integrated approach to on line grief support provides help to people working through loss and grief issues of all kinds. Our companion site, **KIDSAID**, provides a safe environment for kids and their parents to find information and ask questions.

- <http://www.webhealing.com/>

This page is meant to be a place where men and women can discuss (main, child-loss, siblings), chat, or simply browse to understand and honor the many different paths to heal strong emotions. A large, well organized site with lots of resources and links.

- [http://dir.yahoo.com/Health/Mental\\_Health/Bereavement/](http://dir.yahoo.com/Health/Mental_Health/Bereavement/)

This is Yahoo's bereavement portal. It has many links to different kinds of grief and resources.

## FAMILIES & PARENTS GRIEF

- <http://www.bereavedfamilies.net/>

A large site from Ontario Canada for grieving families (usually child death) with a lot of resources.

- <http://www.compassionatefriends.org/>

The mission of **The Compassionate Friends** is to assist families in the positive resolution of grief following the death of a child and to provide information to help others be supportive.

- <http://www.geocities.com/Athens/Parthenon/2703/>

Welcome to Ethan's House, the online home to bereaved parents and their families. When our children die we are bereft, alone, and need a community of other bereaved to share common emotions, experiences, and above all, a place to share our children.

- <http://www.hern.org/~hand/>

We are a Houston based pregnancy and infant loss support group for parents whose babies have died any time from conception through late infancy. Our mission is to help parents cope with feelings of grief and isolation, which accompany the loss of a baby.

- <http://www.misschildren.org/>

**MISS** is a nonprofit, volunteer based organization committed to providing emergency support to parents after the death of their baby; stillbirth, neonatal death, premature birth, congenital anomalies, SIDS, and any child's death.

## GRIEVING CHILDREN & SIBLING GRIEF

- <http://griefnet.org/KIDSAID/welcome.html>

**KIDSAID** is a safe place for kids to share and to help each other deal with grief about any of their losses. It's a place to share and deal with feelings, to show artwork and stories, to talk about pets, to meet with one's peers.

- <http://www.juliesplace.com/>

Julie's Place is a special site, designed for kids and teens just like you. It's your special place on the WWW where you can interact with other kids and teens. Losing a sibling is more than difficult...I know because I've been there. Sometimes it helps to talk with someone your own age, someone who's going through what you're going through. And that's what this site is about.

## TEEN GRIEF

- <http://www.beyondindigo.com/beyondtalk/forum.php?forum=8>

Welcome to **Teens Only!** This forum is created by teens for teens and contains everything you could ask for in a site. From articles on coping with loss, to games and interactive chat and message boards!

- <http://www.hospicenet.org/html/teenager.html>

Informative article by Alan Wolfelt on teen grief.

- <http://kidswriting.about.com/teens/kidswriting/library/blank/blcollmenu18.htm>

This site contains stories written **by** teens **for** teens about death and grief.

- <http://www.smartlink.net/~tag/index.html>

**Teen Age Grief, Inc.** is a non-profit organization that provides expertise in providing grief support to bereaved teens. TAG professionals primarily train: School Personnel, Health Professionals, Law Enforcement and Organizations serving "At Risk" Youth.