



Daily Bulletin

Wednesday

October 18, 2017

MENU: \$3.50 Lunch Entrée Choices: Macaroni & Cheese with Garlic Toast; Hot Chicken Sandwich; Deluxe Garden Salad with Egg and a Roll; Turkey & Cheese Sandwich; Pepperoni Pizza; Bean & Cheese Burrito; Chicken Caesar Wrap; Bistro Box. Side Dishes: Tossed Green Salad; Baby Carrots; Applesauce Cup; Baked Tater Tots; Fresh Orange Wedges. Choice of Milk.

Schedule: 2 4 6

Twin Peaks Nutrition Center is serving great tasting nutritious Combo lunch meals every day. Monday the 16th is Orange Chicken with Rice or Shredded Beef and Cheese Burrito, Tuesday the 17th is Supreme Nachos or 3 Cheese Panini, and Wednesday the 18th is Macaroni & Cheese or Chicken Caesar Wrap. Also, serving Ala Carte items including juice, cheese cubes, cookies, ice cream, baked chips, cinnamon rolls and more. Be sure to check out our menus daily in the lunch area. Bon Appetite!

Hello RAM country! Show your support for our award winning Band by enjoying the best Mexican food in Poway for breakfast, lunch, AND dinner at El Ranchito Taco Shop (either location) today and tomorrow. You must present the TPMS Band Fundraiser flyer when you order, and the Band will receive 20% of your purchase. Flyers available in the front office and Band Room. Taco bout awesome!

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