



Daily Bulletin

Monday

October 30, 2017

MENU: \$3.50 Lunch Entrée Choices: Orange Chicken with Rice; Shredded Beef & Cheese Burrito; Hot Chicken Sandwich; Chicken Caesar Salad with Roll; Turkey & Cheese Sandwich; Pepperoni Pizza Slice; Bistro Box; Bean & Cheese Burrito. Side Dishes; Tossed Green Salad; Edamame; Dried Fruit; Tater Tots; Apple. Choice of Milk.

Schedule: 3 5 1

Today is the first day of Red Ribbon Week. Red Ribbon Week helps promote drug awareness. We are so excited to see everyone wearing your favorite band shirts to show that you are banding together against drugs. Come out to the quad at lunch today to join Chain Reaction and pledge to be drug free by adding to our "Band Together Against Drugs" Paper Chain.

Tomorrow is Boo Off Drugs, so please wear your school appropriate costume. We will be having a costume contest in the quad with some very special judges. We have categories like most humorous, most scariest, best group, most creative, etc. Please come to the quad to participate and to watch. Thank you for your support for this most important cause!

Hey RAMS! Did you know one in five children or one in seven adults in our San Diego community face food insecurity. Here is a video to learn more about ways you can help.

<https://www.youtube.com/watch?v=Hzpj4M2fBsU>

The TPMS can food drive is November 1st through November 15th. Our school's goal is to donate more than 2,800 cans to the San Diego Food Bank. Last year, we collected 2,774 cans! The RAM class that has the most cans per student wins an ice cream party! Good luck RAMS! -CJSF