



Daily Bulletin

Friday

March 9, 2018

MENU: \$3.50 Lunch Entrée Choices: BBQ Chicken Flatbread Pizza; Macaroni & Cheese with Garlic Toast; Spicy Asian Chicken Salad and a Roll; Hot Chicken Sandwich; Turkey & Cheese Sandwich; Pepperoni Pizza; Bean & Cheese Burrito; Bistro Box. Side Dishes: Tossed Green Salad; Cauliflower florets; Baked Sweet Potato Fries; Fresh Apple Slices; Dried Fruit. Choice of Milk.

Schedule: 2 4 6

Reminder:

The OCIS-PE application deadline for 2018-19 is March 16th.
Applications should be completed and returned to the AP Office.

Hey RAM! Pennies for Patients starts Monday March 12th and goes until Thursday March 29th. The money we raise will go to the Leukemia and Lymphoma Society. Please bring pennies, nickels, dimes, dollar bills or checks made out to the Leukemia and Lymphoma Society to your RAM class and they will add to your class total. Quarters will be placed in the boxes in the quad during lunch and they will take away from your RAM total. Have fun collecting coins for this great cause! TPMS CJSF

AVID Challenge Question: How many high school graduates say that AVID prepared them for college?

Answer: 95%!

How many AVID graduates in the world earn acceptance into a 4-year college?

Answer: 93%!

Interested in this Amazing elective? AVID Recruitment is happening right now! If you are interested in the AVID elective for next year, pick up an application from the counseling office. Return completed applications to the counseling office or room 907 by March 16th

Our SWITCH college guides are on campus again today, this week bringing TEAMWORK to Twin Peaks, so SWITCH students, quickly come to the MPR through the Poway Park! These guides even have a message for EVERYone at Twin Peaks, every week! Here we go....

TEAMWORK: Did you know that EVERYone is on a team? Teams are any groups that work together for good like our entire SCHOOL, maybe your orchestra group, your RAM class, and even your own family!

Especially with technology today, it's easy to be doing your "own thing", but our entire school, our Twin Peaks Team SWITCH pact today is **SWITCHing from being SELF-Focused to BELONGING**. It is EVERYone's responsibility, even adults on campus, to make others feel accepted and valued.

So HOW do we make others feel that they belong? It's pretty easy – so today and forever, we're just going to SMILE at everyone we see! Research even shows that a smile can elevate our OWN moods, even inducing more brain pleasure than CHOCOLATE! So, turn to someone right now and SMILE! It's contagious!

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